



Join us for the 5TH Annual PLR Kids Triathlon Platteville, CO

**Saturday, August 20, 2011
at 8:30 am**

Race Distances will be as follows:

Age	Swim	Bike	Run
2-6	16 yards	.5 miles	.25 miles
7 - 8	50 yards	1.5 miles	.5 miles
9 - 10	100 yards	2.5 miles	.75 miles
11 - 12	150 yards	3.5 miles	1.0 miles
13 - 14	200 yards	4.5 miles	1.25 miles

Ages 6 and under will race after the older kids are cleared from the bike course. Parents are encouraged to participate with 6 and under kids - swim support allowed (floaties, etc).

This year's race will feature a new swim start process to help get the kids through the swim portion of the event more quickly. The event will be timed manually with splits for swim, bike, and run. Event capped at 200 kids in 2011. Register soon so you won't be shut out! Join us after the event for a post-race BBQ and drawings for raffle prizes.

More information about the race can be found at www.kidsinnocence.org. Proceeds from the race benefits the Exchange Club of Greeley, who works towards the prevention of child abuse in Weld County by supporting the Weld County c.a.r.e. program.

